

ROUTE MAP 2018



Cape Argus
Pick n Pay
momentum

ROTARY • PEDAL POWER ASSOCIATION

Number	Km To Go	Cut-off Time
STATION 1	95.0	Constantia
STATION 2	88.9	End of M3/Steenberg
STATION 3	81.6	St. James Station
GLENCAIRN	74.8	Glencairn Express Way Intersection (Black Hill)
STATION 4	70.1	Simon's Town
STATION 5	62.0	Partridge Point
STATION 6	53.9	Klaasjagersberg
STATION 7	51.2	Perdekloof
STATION 8	38.9	Masiphumelele
STATION 9	31.4	Noordhoek
HOUT BAY	20.8	Hout Bay Main Road/Princess Rd Circle
STATION 10	20.4	Hout Bay
STATION 11	18.0	Suikerbossie (Bottom)
STATION 12	15.4	Suikerbossie (Top)
STATION 13	9.9	Bakoven
End	0	Finish Line

MAP KEYS

- KEY POINTS ON MAP
- PHYSIO AVAILABLE
- REFRESHMENT POINT & NUMBER
- MEDICAL POINT
- REPAIR ZONE
- CHUCK ZONE
- 109 KM KM TO GO
- CUT-OFF POINTS AND TIME



1220m Total Elevation

